## USDA National Nutrient Database for Standard Reference Release 28

## Statistics Report 14045, Beverages, UNILEVER, SLIMFAST, meal replacement, regular, ready-to-drink, 3-2-1 Plan

## Report Date:December 09, 2015 19:02 EST

Nutrient values and weights are for edible portion.

Nutrient Proximates	Unit	Value Per100 g	Data Points Std.	Error	Min	Max	df	LB	UB	# Studies Source	NDB Ref	Last Modified
Water	g	85.69								Calculated or imputed		05/2013
Energy	kcal	57								Calculated by manufacturer, not adjusted or rounded for NLEA		05/2013
Energy	kJ	238								Calculated by manufacturer, not adjusted or rounded for NLEA		05/2013
Protein	g	3.32								Calculated by manufacturer, or adjusted or rounded for NLEA		05/2013
Total lipid (fat)	g	1.93								Calculated by manufacturer, on adjusted or rounded for NLEA		05/2013
Ash	g	0.86								Calculated by manufacturer, not adjusted or rounded for NLEA		05/2013
Carbohydrate, by difference	g	7.74								Calculated by manufacturer, on adjusted or rounded for NLEA		05/2013

Nutrient	Unit	Value Per100 g	Data Points Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Fiber, total dietary	g	1.6							r	Calculated by nanufacturer, not adjusted or rounded for NLEA		05/2013
Sugars, total	g	5.95					Ψ.			Calculated by manufacturer, not adjusted or rounded for NLEA	Ψ.	05/2013
Minerals												
Calcium, Ca	mg	161								Calculated by nanufacturer, not adjusted or rounded for NLEA		05/2013
Iron, Fe	mg	0.87							r	Calculated by manufacturer, not adjusted or rounded for NLEA		05/2013
Magnesium, Mg	mg	45					-			Calculated by manufacturer, not adjusted or rounded for NLEA		05/2013
Phosphorus, P	mg	161							r	Calculated by nanufacturer, not adjusted or rounded for NLEA		05/2013
Potassium, K	mg	193					÷			Calculated by manufacturer, not adjusted or rounded for NLEA	-	05/2013
Sodium, Na	mg	68		-	-				r	Calculated by manufacturer, not adjusted or rounded for NLEA		05/2013

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Zinc, Zn	mg	0.72									Calculated by manufacturer, not adjusted or rounded for NLEA		05/2013
Copper, Cu	mg	0.012									Calculated or imputed		05/2013
Selenium, Se	μg	5.7									Calculated by manufacturer, not adjusted or rounded for NLEA		05/2013
Vitamins													
Vitamin C, total ascorbic acid	mg	19.4									Calculated by manufacturer, not adjusted or rounded for NLEA		05/2013
Thiamin	mg	0.170								1	Calculated by manufacturer, not adjusted or rounded for NLEA		05/2013
Riboflavin	mg	0.190									Calculated by manufacturer, not adjusted or rounded for NLEA		05/2013
Niacin	mg	2.260								I	Calculated by manufacturer, not adjusted or rounded for NLEA		05/2013
Pantothenic acid	mg	1.378				-					Calculated by manufacturer, not adjusted or rounded for NLEA		05/2013

Nutrient	Unit	Value Per100 g	Data Points Std.	Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin B-6	mg	0.225									Calculated by manufacturer, not adjusted or rounded for NLEA		05/2013
Folate, total	μg	39			-						Calculated by manufacturer, not adjusted or rounded for NLEA		05/2013
Folic acid	μg	39									Calculated or imputed		05/2014
Folate, food	μg	0									Assumed zero		05/2013
Folate, DFE	μg	66									Calculated or imputed		05/2014
Choline, total	mg	14.8									Calculated or imputed		05/2013
Vitamin B-12	μg	0.68									Calculated by manufacturer, not adjusted or rounded for NLEA		05/2013
Vitamin B-12, added	μg	0.68									Calculated by manufacturer, not adjusted or rounded for NLEA		05/2014
Vitamin A, RAE	μg	170									Calculated or imputed		05/2014
Retinol	μg	170									Calculated or imputed		05/2014
Carotene, beta	μg	0									Assumed zero		05/2013
Carotene, alpha	μg	0									Assumed zero		05/2013
Cryptoxanthin, beta	μg	0									Assumed zero		05/2013

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin A, IU	IU	565				177					Calculated by manufacturer, not adjusted or rounded for NLEA		05/2013
Lycopene	μg	0									Assumed zero		05/2013
Lutein + zeaxanthin	μg	0									Assumed zero		05/2013
Vitamin E (alpha-tocopherol)	mg	4.58									Calculated from nutrient label by NDL		06/2014
Vitamin E, added	mg	4.58									Calculated from nutrient label by NDL		06/2014
Vitamin D (D2 + D3)	μg	1.1									Calculated or imputed		05/2013
Vitamin D	IU	45									Calculated by manufacturer, not adjusted or rounded for NLEA		05/2013
Vitamin K (phylloquinone)  Lipids	μg	6.5									Calculated by manufacturer, not adjusted or rounded for NLEA		05/2013
Fatty acids, total saturated	g	0.540				-					Calculated by manufacturer, not adjusted or rounded for NLEA		05/2014
4:0	g	0.008									Calculated or imputed		05/2013
6:0	g	0.001									Calculated or imputed		05/2013
8:0	g	0.002									Calculated or imputed		05/2013
10:0	g	0.003									Calculated or imputed		05/2013

Nutrient	Unit	Value Per100 g	Data Points Std. Er	ror	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
12:0	g	0.002									ilated or imputed		05/2013
14:0	g	0.015									ilated or		05/2013
15:0	g	0.000									lated or imputed		05/2013
16:0	g	0.283									ilated or imputed		05/2014
17:0	g	0.000									ilated or imputed		05/2013
18:0	g	0.132									ilated or imputed		05/2014
20:0	g	0.036									ilated or imputed		05/2014
22:0	g	0.018									ilated or imputed		05/2014
Fatty acids, total monounsaturated	g <sub>0</sub>	0.970								manut not a or :	lated by facturer, adjusted rounded r NLEA		05/2014
14:1	g	0.000									ilated or imputed		05/2013
15:1	g	0.000									ilated or imputed		05/2013
16:1 undifferentiated	g	0.005									ilated or imputed		05/2013
17:1	g	0.000									ilated or imputed		05/2013
18:1 undifferentiated	g	1.014									ilated or imputed		05/2014
20:1	g	0.021									ilated or imputed		05/2014
22:1 undifferentiated	g	0.000									ilated or imputed		05/2013
Fatty acids, total polyunsaturated	g	0.320								manut not a or :	lated by facturer, adjusted rounded r NLEA		05/2014

Nutrient	Unit	Value Per100 g	Data Points	d. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
18:2 undifferentiated	g	0.310									Calculated or imputed		05/2014
18:3 undifferentiated	g	0.149									Calculated or imputed		05/2014
18:4	g	0.000									Calculated or imputed		05/2013
20:2 n-6 c,c	g	0.000									Calculated or imputed		05/2013
20:3 undifferentiated	g	0.000									Calculated or imputed		05/2013
20:4 undifferentiated	g	0.000									Calculated or imputed		05/2013
20:5 n-3 (EPA)	g	0.000									Calculated or imputed		05/2013
22:5 n-3 (DPA)	g	0.000									Calculated or imputed		05/2013
22:6 n-3 (DHA)	g	0.000									Calculated or imputed		05/2013
Fatty acids, total trans	g	0.000									Calculated from nutrient label by NDL		05/2013
Cholesterol	mg	3									Calculated from nutrient label by NDL		05/2013
Other													
Alcohol, ethyl	g	0.0									Assumed zero		05/2013
Caffeine	mg	0									Assumed zero		05/2013
Theobromine	mg	0									Assumed zero		05/2013